



Villa DeMatel Labyrinth- Houston, Texas



*“The labyrinth is a symbolic journey, it is a map we can really walk on, blurring the difference map and the world.”*

*-Rebecca Solnit*

## Who We Are



Jay Stailey began walking labyrinths for the purpose of reflection and clarity while contemplating a career change in 2006.

Following his departure from public education administration his interest and use of labyrinths as a tool for personal growth and community building grew.

He became a certified labyrinth facilitator in 2008.

Jay became a Veriditas certified labyrinth facilitator in 2012, and continued his journey as a labyrinth coach in 2013. His interest blossomed into labyrinth construction/installation the following year. He has shared his journey on the path as a presenter at The Labyrinth Society Gathering in 2015 and has several labyrinth projects “on the drawing board” after creating nearly a dozen labyrinths in his Houston, Texas neighborhoods and as far away as Lyon, France.



Reginald C. Adams' is best known for his vast portfolio of public art projects that stretch across virtually every corner of Houston, Texas. His first encounter with labyrinths began in 2011 through the Sacred Sites Quest (SSQ), a youth outreach program designed to expose high students to

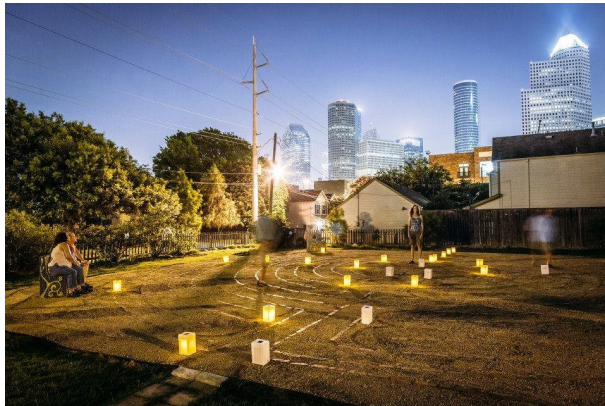
the diversity of religions and cultures in Houston, Texas.

In 2014, Reginald co-designed and produced the Historic Freedmen's Town Labyrinth, a 50' diameter Chartres labyrinth in one of Houston's most historic African-American communities. Shortly after, Adams and Jay Stailey began designing and creating temporary and permanent labyrinths in churches, community centers, schools, universities and public parks across Houston and abroad.

In 2015, Adams launched the Sacred Sites Quest: International Exchange (SSQIE). Through SSQIE he has co-lead labyrinth builds in Lyon, France and is currently planning a labyrinth project in Ecuador.



# SACRED SITE QUEST LABYRINTHS



Historic Freedmen's Town Labyrinth- Houston, Texas

## What is a Labyrinth?

The labyrinth, an ancient pathway to prayer and meditation, has a single circuitous path that winds its way into the center. The person walking it uses the same path to return from the center, as the entrance then becomes the exit. The path is in full view, which allows a person to be quiet and focus internally.

Generally there are three stages to the walk: releasing on the way in, receiving in the center and returning when the walker follows the return path back out of the labyrinth.

Symbolically, and sometimes actually, the walker is taking back out into the world that which was received. There is no right way or wrong way to walk a labyrinth. To prepare, one may sit quietly to reflect before walking the path. Some people come with questions, others just to slow down and take time out from a busy life. Some come to find strength to take the next step. Many come during times of grief and loss.

There are many ways to describe a labyrinth. It is a path of prayer, a walking meditation, a crucible of change, a watering hole for the spirit and a mirror of the soul.

## Our Labyrinths

We have designed and produced labyrinths in a variety of mediums, customized and site specific. Each of our labyrinths is unique to the environment and community which it will serve.

- Pavers and bricks
- Stained and painted concrete
- Turf, grass and sod
- Painter's tape, Post-It Notes and other temporary medium

## Our Approach

Engaging the community in the design and production of our labyrinths is a key method in our approach to our labyrinth work.

This strategy creates a deep sense of appreciation and stewardship for the labyrinths upon their completion.

We work with schools, churches, community centers, universities, retreat centers and other civic spaces to design and produce our one of a kind labyrinths.



Man in the Maze Labyrinth, Rise School of Houston



Stone & Turf Labyrinth- Lyon France



Sharpstown International School Labyrinth- Houston, Texas

## Contact Us

**Jay Stailey**  
(713) 498-0497  
jaystailey@sbcglobal.net

**Reginald C. Adams**  
(832) 208-1549  
reginald@reginaldadams.com  
www.reginaldadams.com